

Coastal Canyon League

Volleyball Rules

BASICS:

1. A match shall consist of three games.
2. Prior to the match, the referee shall conduct a coin flip for the first serve with the team captains.
3. After the first game, the teams shall change courtsides for the second game, remain there for the beginning of the third game, and then change courtsides again when a team reaches 8 points in the third game.
4. Line judges are optional.
5. It is at the discretion of the coaches to manage the gender participation for each match of the season.
6. All players must stay in the proper rotation (clockwise).
7. All teams shall have six players on the court, unless the coaches have a prearranged change.

SERVING:

1. The ball is served by the player in the number one position and may be served from anywhere behind the backcourt line.
2. At the discretion of the coaches, a server may move closer toward the net to successfully perform a serve.
3. The ball must clear the net during a serve only (no let serves).
4. Foot fault violations may be called from a predetermined line.
5. A server may not serve more than three serves in succession. After three serves, the receiving team will have a side out.

RECEIVING:

1. A receiving player may bump or set a serve.
2. No serve may be blocked.
3. A team permits three touches and a player may not touch the ball twice consecutively.
4. A player may not lift the ball during play.
5. A ball, which lands on the line, is in play.
6. A player may not contact the net while the ball is in play.
7. A player may touch, but not completely go over the centerline during play.

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SUBSTITUTIONS:

1. Players may substitute in and out of the game whenever the ball is dead and from the sideline near the net.
2. Players shall enter the game to the same position of the court as the player that they have replaced.
3. A coach may substitute freely without any restriction as to the number of players substituted. An injured player may be replaced at any time.
4. A server may not be replaced during their service, except for an injury.

SCORING:

1. A game shall consist of 15 points and a team must win by two points.
2. The points shall be awarded to the serving team only.
3. The third game shall be a rally score if one team has won the first two games (points scored for every play to 15 must win by two).
4. The host school shall provide a score table and official scorer.
5. Two time outs per game and per team are allowed.

Note: 4th/5th grade side out to 15 points. 6th grade rally to 25 points

COURT AND EQUIPMENT:

1. The court may be up to 30 feet wide by 60 feet long.
2. The game ball shall be a regulation size, soft leather type volleyball provided by the host school.
3. The net shall be measured six feet and six inches from the court to the tape of the net. Antennae are optional.

SPORTSMANSHIP:

1. The players from both sides may warm-up at the same time together.
2. A pre-game handshake and welcome is encouraged for the host team.
3. There shall be no taunting by any player to another player or official at any time on the day of the match.
4. There shall be no cheering at all during a serve.
5. A post game handshake and team cheer is encouraged after the match has concluded.
6. The host school is encouraged to provide drinks for both teams.